



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

Member Application Form

Full name..... Male/Female.....

Date of Birth:ID. No.....

Nationality:Religion:

Address: Occupation:

.....

..... Postal Code:

Phone/Mobile Number:Fax number:

E-mail address:

Age:.....Who referred you to our club:.....

Previous Martial Arts experience (Styles, Years of Training, Grade achieved):

.....

Do you have any physical disabilities or current injuries which may be aggravated by physical training: Yes/No

If yes, please supply details:

If female, do you have any breast in plants:

This document contains the following categories:

1. Taekwondo
2. Hapkido
3. Krav Maga Combat School
4. Group Fitness Training
5. Personal Training



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

1. Taekwondo:

Please tick if this is the activity you are going to join

Reasons for joining Taekwondo:

| | | | |
|--|--|--------------------------------|--|
| General Health, Weight loss and Fitness | | Discipline | |
| Self-defence | | Professional Competitor | |

The student is more than welcome to change his career path in Taekwondo if he wishes so. By ticking the above box won't keep the student obligated by one goal only. But can be changed in future if decided so.

By training Taekwondo, would you be interested in participating in the following:

| | |
|-----------------------|--|
| Grading's | |
| Competitions | |
| Demonstrations | |

Height: Shoe size:

Fees:

Joining fee: R175 per person to register with Centurion Taekwondo Academy.

Yearly affiliation fee: R80 per student start of each New Year.

Weekly Group Classes are R350 per student per month

Weekend Private Classes are R700 per student per month (Saturday's only)

One (1) Private class is R125 per class

Family Packages:

2 x Members of the family a R40 discount will be given on monthly invoice.

3 x Members of the family a R70 discount will be given on monthly invoice.

4 x Members of the family a R90 discount will be given on monthly invoice.

5 x Members of the family a R110 discount will be given on a monthly invoice.



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

2. Hapkido: Please tick if this is the activity you are going to join

Height:.....

Fees:

Joining fee: R100 per person to register with Kwanjangdo RSA.

Yearly affiliation fee: R50 per student start of each New Year.

Weekly Group Classes are R200 per student per month

Weekend Private Classes are R400 per student per month (Saturday's only)

One (1) Private class is R80 per class

Family Packages:

2 x Members of the family a R10 discount will be given on monthly invoice.

3 x Members of the family a R20 discount will be given on monthly invoice.

4 x Members of the family a R30 discount will be given on monthly invoice.

5 x Members of the family a R40 discount will be given on a monthly invoice

3. Krav maga Combat School: Please tick if this is the activity you are going to join

Fees:

Joining fee: R200 per person to register.

Yearly affiliation fee: R100 per student start of each New Year.

Weekly Group Classes are R400 per student per month

One (1) Private class is R150 per class

Family Packages:

2 x Members of the family a R50 discount will be given on monthly invoice.

3 x Members of the family a R80 discount will be given on monthly invoice.



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

4. Group Fitness Training: Please tick if this is the activity you are going to join

Fees:

Weekly Group Classes are R250 per member per month

5. Personal Training: Please tick if this is the activity you are going to join

Fees:

R250 per session (Standard rate for a single session per week)

R200 for five (5) sessions per week

R150 for twenty (20) sessions per month

Discount:

Monthly fees for Taekwondo, Hapkido, Krav maga Combat School or the Group Fitness Training can be paid in advance for the complete 12 months and a 10% discount will be given. Or a 5% discount will be given if paid in advance for every quarter. The fee can either be paid in cash or by EFT or debit order.

For each person that the student refers, and his referral signs up and pay's the registration fee in full. That student will then receive one month free training without paying any monthly fee for that month. This will apply for each student/member he refers that pays.

If a student joins to participate in 3 or more categories, then a R50 discount will be given on each and every month.

Banking details:

Centurion Taekwondo Academy

First National Bank Gold Business Account

628 560 273 07

Cheque Account

250655



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

Health and Membership declaration:

I, _____, hereby declare that I understand the nature of physical exercising. I have undergone a medical examination and have been declared fit by a medical practitioner To participate in any of the above activities and have no limitations or health problems that may prevent me from doing so.

I also agree to abide to the rules and regulations as laid down by the Centurion Taekwondo Academy if accepted as a member. Students and members also agree to abide to general club rules of Centurion Taekwondo Academy. Please refer to the General Club Rules document in Annexure A.

INDEMNITY & RELEASE FROM LIABILITIES

Centurion Taekwondo Academy wishes to advise you that the activities presented and any other form of self-defence techniques are potentially dangerous. This is an important document that affects your legal rights and obligations. Read it carefully and do not sign it unless you are satisfied that you understand it.

I, the undersigned, agree to occupy and use the premises of the and here by release to the full extent of the law, Centurion Taekwondo Academy and its instructors, agents and employees from all claims and demands of every kind in respect of or resulting from any accident or damage to property or injury or death that I may suffer in the premises or the building for which Centurion Taekwondo Academy is or could become liable.

I will and do hereby indemnify Centurion Taekwondo Academy, its instructors, agents and employees from and against all action, claims, demands, costs and expenses for which Centurion Taekwondo Academy, its instructors, agents and employees shall or may become liable in respect of or arising from

- (a) Loss or Damage to any Property of the undersigned which may be within the premises of Centurion Taekwondo Academy



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

- (b) Loss, damage, injury, or death from any cause what so ever to property or person caused or contributed to by the use of the premises of Centurion Taekwondo Academy
- (c) Loss, damage, injury or death from any cause whatsoever to property or person within or without the premises of Centurion Taekwondo Academy or the building occasioned or contributed by any act, omission, neglect, breach or default by Centurion Taekwondo Academy, its instructors, agents, employees to the undersigned.
- (d) Contraction of the Covid-19 virus or any other form of virus or decease within the premises of Centurion Taekwondo Academy or the building occasioned or contributed by any act, from members, its instructors, agents, employees to the undersigned.

I hereby abide to:

- (a) Pay the monthly membership fees in advance to the instructor, before/on the fourth (4th) of every month.
- (b) Pay the annual registration fee within 30 days of joining Centurion Taekwondo Academy.
- (c) Give 30 days written notice prior leaving Centurion Taekwondo Academy.
- (d) Pay in advance for additional training seminars, grading's or championships (which ever may be applicable).
- (e) Pay an administrative levy of R50.00 for training fees paid after the 4th day of a month.
- (f) Choose my above mentioned address as my domicilium citandi et executandi.
- (g) Pay legal fees as calculated between an attorney and client.
- (h) Interest to be charged on any arrear payments, at the rate of 2% above the prima rate.
- (i) Membership Fee's or class Fees are non-refundable upon cancelation of contract by either the student or the instructor by any reason whatsoever.
- (j) The student referred to in this contract will not be illegible to grade or compete in any tournaments if there is any fees outstanding on his/her statement.
- (k) Student membership will be cancelled if the statement is in arears for 90 days plus.



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

Signed this day of 20 at

Signature of Applicant:

Witnesses (1) (2).....

CENTURION TAEKWONDO ACADEMY RESERVES THE RIGHT TO REJECT ANY APPLICANT. PERSONS MUST BE OVER 18 YEARS TO COMPLETE THIS FORM.

Copy of Applicant's ID document to accompany this application.

Return this form to E-mail: blackbelt.gerhard@gmail.com before commencement of any activity.

Accepted for training: YES / NO Member number:

Reason if not accepted:

.....
.....
.....

Mr. G. Groenewald

Owner and Chief Instructor
Centurion Taekwondo Academy

Date of acceptance

Student number



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

ANNEXURE A

General Club Rules for Taekwondo and Hapkido Students

1. Arrive for training a few minutes early. Never be late!
2. If students are unavoidably late, they must apologize and seek permission to join the class.
3. Phone your teacher if you will be late or unable to attend class.
4. Make prior arrangements if you need to leave class earlier.
5. No parents are allowed to sit inside the Dojang. Except for the last training day of the month.
6. Always wipe your feet on the floor matt upon entering the Dojang.
7. When entering the Dojang, come to attention, bow and greet in a loud clear voice "Annyeonghaseyo, Sabumnim!"
8. Place tekkies/sandals neatly under benches, all sports bags and water bottles under the benches. Jackets inside sports bags. Students are allowed to train with Taekwondo shoes.
9. Look at your personal hygiene. Always make sure that your feet are clean and that you do not smell. Always be neat and representable. Or you will be asked to leave the Dojang.
10. Girls are not allowed to train with loose hair.
11. Uniforms must be clean, neat and ironed.
12. Turn to face away from your teacher during class to adjust your belt and uniform.
13. Never face the training area when consuming water during a water-break.
14. Students are not allowed to train wearing jewellery or watches or chewing of chewing gum inside the Dojang.
15. No swearing is allowed. Tantrums inside the Dojang during training will not be tolerated.
16. Respect the teachers, your fellow students and the Dojang.
17. Do not interrupt while the teachers are speaking or demonstrating. When you need to ask something, come to attention and raise your right fist. Do not call the teacher.
18. Students are urged to sit down on the matt to pray or meditate. No playing and talking.
19. Students are not allowed to play with any equipment before or after class.
20. Students are not allowed to take any equipment home with them, without the permission of the owner. No equipment may be borrowed either. It remains the property of Centurion Taekwondo Academy.
21. Students are also not allowed to take a break anytime they wish to consume water or to rest, water-breaks will be given. If students needs to leave the Dojang (e.g. to use the bathroom) they must get permission from the teacher, bow and leave the training group by walking around and behind the group. They must bow towards the Dojang before leaving the training area.
22. Students are asked to leave the Dojang immediately after training.
23. No students are allowed at the back where the office is located.



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

-
24. No one is allowed to assist a student on the floor during training. Except a black belt of Centurion Taekwondo Academy or the SATF.

General Club Rules for Krav Maga Students

1. Arrive for training a few minutes early. Never be late!
2. Phone your instructor if you will be late or unable to attend class.
3. Make prior arrangements if you need to leave class earlier.
4. Place all sports bags and water bottles under the benches. Jackets inside sports bags.
5. If you carry a fire arm, make sure it is concealed and holstered.
6. Students are not allowed to train with a fire arm on his side.
7. Members are not allowed to train with hard sole shoes, e.g. boots.
8. Look at your personal hygiene. Always make sure that you do not smell. Always be neat and representable. Or you will be asked to leave the studio.
9. Girls are not allowed to train with loose hair.
10. No chewing gum allowed.
11. No swearing is allowed. Tantrums inside the studio during training will not be tolerated.
12. Respect the instructor and your fellow students.
13. Do not interrupt while the instructor is speaking or demonstrating.
14. Students are not allowed to play with any equipment before or after class.
15. Students are not allowed to take any equipment home with them, without the permission of the owner. No equipment may be borrowed either. It remains the property of Centurion Taekwondo Academy.
16. Students are also not allowed to take a break anytime they wish to consume water or to rest, water-breaks will be given. If students needs to leave the studio (e.g. to use the bathroom) they must get permission from the instructor.
17. Students are asked to leave the studio immediately after training.
18. Make use of a sweating towel when training.
19. No students are allowed at the back where the office is located.
20. No one is allowed to assist a student on the floor during training.



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

General club Rules for Group Fitness Training and/or Personal Training Members

1. Phone your trainer if you will be late or unable to attend class.
2. Make prior arrangements if you need to leave class earlier. Except for Group Fitness Training.
3. Place all sports bags and water bottles under the benches. Jackets inside sports bags.
4. Members are not allowed to train with hard sole shoes, e.g. boots. A soft sole tekkie is preferred.
5. The correct training attire must be worn for training. No Jeans and flops are allowed.
6. Look at your personal hygiene. Always make sure that you do not smell. Always be neat and representable. Or you will be asked to leave the studio.
7. Respect the instructor and your fellow members.
8. Members are not allowed to play with any equipment before or after sessions.
9. Members are not allowed to take any equipment home with them, without the permission of the owner. No equipment may be borrowed either. It remains the property of Centurion Taekwondo Academy.
10. Members are asked to leave the studio immediately after training.
11. Make use of a sweating towel when training.
12. No members are allowed at the back where the office is located.

Applicants are required to sign where required after carefully reading and understanding the above General Club Rules. The owner may be contacted on 076 352 0266 or via e-mail at blackbelt.gerhard@gmail.com if any of these rules are not clear or if the applicant does not understand. Membership will be refused if the member does not adhere or agrees to the above General Club Rules.

Applicant Signature:

.....



CENTURION TAEKWONDO ACADEMY (PTY) Ltd.

2020/448066/07

Recognized by the South African Sport & Recreation, South African Sports Confederation and Olympic Committee, South African Taekwondo Federation, World Taekwondo, Kukkiwon and Kwanjangdo Martial Arts Academy RSA.

TIME TABLE:

Please note that this time table might change from time to time.

| | Monday | | Tuesday | | Wednesday | | Thursday | | Friday |
|---------------|-------------------------|---------------|----------------------|---------------|-------------------------|---------------|--------------------------|---------------|-------------------------|
| 14:00 - 15:00 | Open | 14:30 - 15:30 | Open | 14:00 - 15:00 | Hapkido | 14:30 - 15:30 | Open | 12:00 - 12:30 | Busy |
| 15:00 - 15:30 | Busy | 15:30 - 16:00 | Busy | 15:00 - 15:30 | Busy | 15:30 - 16:00 | Busy | 12:30 - 13:30 | Open |
| 15:30 - 16:30 | Open | 16:00 - 17:00 | Open | 15:30 - 16:30 | Open | 16:00 - 17:00 | Open | 13:30 - 14:00 | Busy |
| 16:30 - 17:00 | Busy | 17:00 - 17:30 | Busy | 16:30 - 17:00 | Busy | 17:00 - 17:30 | Busy | 14:00 - 15:00 | Hapkido |
| 17:00 - 18:00 | Taekwondo Sabum Gerhard | 17:30 - 18:30 | Hapkido | 17:00 - 18:00 | Taekwondo Sabum Gerhard | 17:30 - 18:30 | Taekwondo Joganim Lamont | 15:00 - 15:30 | Busy |
| 18:00 - 18:30 | Busy | 18:30 - 19:00 | Busy | 18:00 - 18:30 | Busy | 18:30 - 19:00 | Busy | 15:30 - 16:30 | Taekwondo Joganim Julio |
| 18:30 - 20:00 | Taekwondo Sabum Gerhard | 19:00 - 20:00 | Taekwondo Ho Sin Sul | 18:30 - 20:00 | Open | 19:00 - 20:00 | Krav Maga | 16:30 | Closed |
| 20:00 | Closed | 20:00 | Closed | 20:00 | Closed | 20:00 | Closed | | |